

COVID-19 PROTOCOL

Laffalot Summer Camps

Laffalot Summer Camps, in an effort to follow state, and facility, guidelines and mandates, will be following the policies and procedures included within this document throughout the COVID-19 threat. Every effort is being taken to keep all those in attendance of a Laffalot Summer Camp safe while continuing to offer a fun, active program. To that means, the cooperation of Campers, Directors, Parents, and Counselors is essential.

In comparison to past years, things may be a little different this summer, but that does not mean that we can't laugh, play, and enjoy ourselves. With everyone's help it is going to be a great summer! Please remember that as you read through these Covid-19 Protocol guidelines and procedures.

Thanks in advance for your support and help in making all 2020 Laffalot Summer Camps a wonderful experience for all! Laffalot is committed to making that happen.

COVID-19 PROTOCOL – LAFFALOT SUMMER CAMP

DIRECTORS/COUNSELORS

- Covid-19 facts and How to Protect Yourself
 - Covid -19 is a mild to severe respiratory illness that is caused by a corona virus that is highly contagious. It is transmitted chiefly by contact with infectious material(such as respiratory droplets), or objects /surfaces contaminated by the virus.
 - Symptoms include cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, loss of taste or smell, possible gastrointestinal problems including nausea, vomiting, diarrhea.
 - SOME WITH THE VIRUS ARE ASYMPTOMATIC. Meaning they have no symptoms.
 - Older people, and people with underlying medical conditions such as heart and lung disease or diabetes seem to be higher risk.
 - To protect yourself you should...
 - Wash hands often(soap for 20 seconds, or hand sanitizer that contains 60% alcohol)
 - Avoid close contact with anyone who is sick
 - Social distance with people outside your home
 - Keep your hands off your face
 - Cover your mouth and nose with a cloth mask when around others
 - Cover when you cough or sneeze. Throw tissues in trash immediately and wash hands. Sneeze/cough into your elbow when a tissue is not available.
 - Clean commonly used surfaces frequently
- Contact/Sick with Covid-19
 - Directors (or Counselors), and those living in the household, must not be or have been sick for the past 14 days. If not in compliance, Directors (or Counselors) may not attend camp for 14 days from the time of the illness.
 - If a Director (or Counselor) tests positive for Covid-19 during camp, the program will immediately be cancelled and counselors, campers, and location personnel will be notified immediately. The local health department will be notified. The director will not be able to work another camp until they are symptom free and 14 days have passed since their last symptom, OR they provide a doctor's note stating a negative test result. Anyone having symptoms must get tested.
 - If made known to Laffalot that a Director (or Counselor) tests positive for Covid-19 within two weeks of the completion of a camp, all in attendance of the camp and the location personnel will be notified. The local health department will be notified.
 - If a non-working Director (or Counselor) comes down with symptoms of Covid-19(fever, cough, sore throat, etc), they should immediately make Laffalot aware of the situation. They will not be eligible to work another camp until 14 days after the beginning of their symptoms. You may also wish to be tested for the virus and if positive report it to the Health Dept.
- Necessary Gear (with full name easily visible on all)
 - Mask-for when you go indoors, or are in close proximity to a camper or counselor for and extended period of time.
 - Hand Sanitizer to be used for self and campers
 - Water bottle and Lunch
 - Hand towel large enough to use as a blind fold
 - Personal bag-to carry all gear
- Attire - Clean clothing must be worn daily. Laffalot camp shirt if possible.
- Temperatures will be checked daily, and/or counselors will be asked if they have any other symptoms. SEE "DAILY QUESTIONS" below..
- Counselors will be assigned their own set of equipment (cones/dodge balls/etc.) to help maintain social distancing/less surface contact.

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GENERAL GUIDELINES

- 1) All staff, campers, and any family members of staff or campers may not be sick or have been sick within 14 days of the beginning of camp. Those not in compliance may not participate in the camp.
- 2) Parents must check campers daily for illness, and may not bring a camper to camp if they have any illness. This includes but is not limited to fever, cough, sore throat, shortness of breath or trouble breathing, loss of taste or smell, vomiting.
- 3) If a camper becomes ill during the day, they will be removed from the group and a parent will be contacted to pick the child up immediately. They may not return to camp without a doctor's note stating it is safe for them to return. Staff members who become ill during the camp day will be sent home immediately, and also may not return to camp without a doctor's note.
- 4) A staff member or camper showing symptoms of Covid-19 may not attend camp, and should consider getting tested for the virus.
- 5) If a camper/director/counselor tests positive for Covid-19, please notify Laffalot Summer Camp immediately the camp will be cancelled immediately.
- 6) If a camper/director/counselor knowingly comes into direct contact with someone with a positive Covid-19 test, they should notify Laffalot Summer Camp, and the State Health Dept. They may not return to camp until they are symptom free for 14 days.
- 7) If within 2 weeks after camp, a camper/director/counselor tests positive for Covid-19, please contact Laffalot Summer Camp so participants that were at that camp can be notified.
- 8) Face Coverings – OUTSIDE-masks do not need to be worn outside unless individuals are closer than 6' for an extended period of time such as to help someone, check on an injury, or any other situation that would require closeness. The games played should keep kids moving and distanced most of the time, but may have closeness occurring when players pass each other in games. INSIDE- masks need to be worn by everyone at all times unless it is unsafe to do so. Also, masks should not be worn if the person has trouble breathing, can't remove the mask without assistance, it poses a choking hazard, results in increased face touching, or active in a sport or game.
- 9) Programs will be run outside when possible. Any program brought inside must abide by social distancing as much as possible, and once inside masks must be worn.
- 10) A "no-contact" daily check-in/check-out procedure will be used. Please see Procedures
- 11) Strict hand washing practices will be adhered to for all workers and campers. If washing with soap, the process should last at least 20 seconds. In cases where hand sanitizer is used, it should contain at least 60% alcohol. Camp workers and participants must wash hands upon arrival at the facility, after each game, before and after lunch, and when they leave the camp.
- 12) Lunchtime and Snack time – campers must stay in their groups with their counselor. Sharing of food or drink is strictly prohibited. Campers should be seated 6 feet apart.
- 13) Use 6 ft. social distancing as much as possible. Using cones/personal bags/etc. to establish the desired distancing is suggested. Positioning personal bags 6' apart(using floor/ground markings) and then using them as the campers home base is highly suggested. Socially distanced ground markings are essential for morning group attendance.
- 14) Face Touching/Keeping hands to yourself - remind campers often to keep their hands off their face, especially their mouth, nose, and eyes. Also, ask them to keep their hands in their own personal space(distance around body if arms are outreached) and to stay out of the space of others.
- 15) Equipment –Counselors must wipe down their set of equipment(6 dodgeballs, 1 large playground ball, one small playground ball, whiffle ball and bat, set of bases, 20 cones, 10 noodles) at lunchtime, the end of the day, and any time during the day that it is deemed necessary.
- 16) No Celebratory Interactions – No fist bumps, high fives, hugs, or other person to person contact.
- 17) No Spitting of any kind.
- 18) Required Accessories with name easily visible – Each camper/director/counselor must have their own personal bag for personal items. For camp purposes "personal items" must include hand sanitizer, clean hand towel (large enough to be used as a blindfold), face mask, lunch, water bottle, and snack(if the camper is staying for aftercare).
- 19) At-Risk Groups – those who are older, pregnant, or who have underlying health conditions, including compromised immune systems, respiratory conditions like asthma, or diabetics are at a higher risk to develop the virus.

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PROCEDURES

- Safety
 - Cones , chalk marks and camper bags should be used as much as feasible to designate social distancing in games, during lunch, at drop off and pick-up, etc.
 - Remind campers of personal hygiene:
 1. Clean Hands - Upon arrival, after each game, before and after lunch, when using the bathroom, at the end of camp.
 2. Personal Space - Keep your personal space(both arms out). Do not get in others personal space. Keep your hands to yourself. This includes no fist bumps, high fives, hugs, etc.
 3. Cover when they sneeze or cough, preferably in the crease of their elbow.
 4. Keep hands off their face, to themselves, and in their personal space.
- Drop off for Camp
 - Must be done outside at a regular location. Counselors will have cones(or other ground marks) set up in their area and each camper will sit at a cone in their group. Cones are 6 feet apart.
 - No sign-in will take place, just a verbal acknowledgment between the staff and the parent.
 - Parents must confirm that the child is not sick. **Questionnaire questions** must be answered. Temperatures may be taken.
 - Any paperwork needed for camp should be transferred at this time.
 - Any parent communication should be done at this time
 - Facilities may require temperature checks.
 - Campers must clean hands when dropped off.
- Bathroom use
 - Campers must be escorted to the bathroom in groups of 3(the counselor being one of the 3).
 - Masks must be worn if bathrooms are indoors.
 - Social distancing should be observed at all times.
 - Camper must wash hands.
 - Bathroom must be cleaned by facilities daily. This must includes sanitizing door knobs, toilet knobs, a faucet knobs, and any other knobs used by camper.
- Picking up from Camp
 - Campers will be picked up at the outside location designated by the director/facility.
 - Campers must wash their hands before leaving camp.
 - No sign out procedure will take place, just a verbal acknowledgement between staff and parent.
 - Counselor/director may individually take campers to the person picking them up.
- Equipment
 - Equipment used for a camp day must be sanitized daily at lunchtime and the end of camp.
 - Counselors will have their own personal equipment bag that will contain their camper’s noodles, dodgeballs, whiffle bat, whiffle ball, large playground ball, small playground ball and cones. This equipment stays with them throughout the day. All other equipment that a counselor may need will be organized by the director.
 - Directors must keep any extra equipment in a secure space such as a car, basement, garage. Facility space is no longer able to be used. Only bring needed extras.
- Lunchtime
 - Clean hands before and after lunch.
 - Campers should stay with their counselor, but social distanced. Cones can be used to mark spots that are acceptable.
 - Campers may not share any food or drink.
 - Campers must clean up their own messes.

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Laffalot Summer Camp Covid-19 Protocol and Parent Guidelines

Dear Parents,

We are excited that your child will be joining us for camp and can't wait to see them on Monday.

By this time we are all aware of the Covid-19 virus, a highly contagious respiratory illness with symptoms including fever, coughing, shortness of breath, muscle pain, sore throat, loss of taste and smell, and possible gastrointestinal problems. We are also aware that to help prevent the spread of the virus the government has mandated certain preventive measures which include social distancing, washing hands frequently, wearing face coverings, and gatherings to be less than 10 people.

Laffalot Summer Camp is committed to keeping all campers in as safe an environment as possible while giving them a fun camp experience. To accomplish this, we ask that you help us by following the guidelines listed below.

1. If a camper, or any member of their household, has been sick within 14 days of the beginning of camp, the camper may not attend camp.
2. Please do not bring your child to camp if they are sick. During camper drop-off parents will be asked about the health of their camper. A sick child will not be permitted to camp. Temperatures may be checked during camper drop-off.
3. If a camper becomes sick during the day, they will be separated from the other campers, and parents will be called. Campers must be picked up as soon as possible. Campers will need a doctor's note to be able to return to camp.
4. **Your camper must have a personal bag(backpack, duffel bag, etc) that stays with them throughout the day. The bag must contain their own personal hand sanitizer, a clean hand towel(large enough to be a blindfold), cloth face cover(facemask), their non-perishable lunch , water bottle, and snack(if aftercare is scheduled). All items must be labeled with the campers name easily visible.**
5. Remind your camper that if they go inside the building, they must wear the face covering.

To comply with state mandates, Laffalot Summer Camp will institute the following.

- A. Parents must verify daily that the camper is in good health. Temperatures may be taken.
- B. Groups will be no bigger than 9 campers per counselor, and siblings will be placed in the same group when feasible.
- C. Social distancing/personal space will be adhered to as much as possible when playing games with 6-12 year olds. Staff will remind campers to socially distance and will use cones, markers, chalk marks, etc. to help secure distance.
- D. The schedule will include games that do not require extended periods of closeness by players. Games such as soccer, basketball, etc., will be excluded since extended periods of guarding and closeness are part of the game.
- E. Equipment used will be cleaned with Clorox wipes at lunchtime, and at the end of each camp day.
- F. Campers, counselors, and directors will be required to clean hands at drop-off, after every activity, before and after lunch, and before pick-up.
- G. Campers will be reminded to keep their hands off their face, and to cover when they sneeze or cough, preferably by using the crease of their elbow. And, campers will be required to keep their hands to themselves, and within their own personal space.
- H. If you, at anytime, have questions or concerns, please contact me at 513-313-2076.

We look forward to a fun, safe camp.

Pat Nymberg
Laffalot Summer Camps

I have read Laffalot Summer Camp Covid-19 Protocol and Parent Guidelines and agree to follow the guidelines given. I acknowledge and fully understand that even though steps and procedures are in place to prevent the spread of Covid-19, and state mandates are being followed, there is still a risk of my child getting this virus. I release, waive, and discharge Laffalot Summer Camp, its agents, employees, contractors, and assigns from any liability related to COVID-19 which might occur as a result of my camper being at camp.

I shall indemnify, defend and hold harmless Laffalot Summer Camp, it's agents, employees and contractors, from and against any and all claims, demands, suits, judgments, losses or expenses of any nature whatsoever, arising from or out of, or relating to, directly or indirectly, the infection of COVID-19 or any other illness or injury.

Childs Name _____

Parent Signature: _____ Date: _____

DAILY QUESTIONS for Camper/Counselor/Director due to Covid-19

The following questions are to be asked upon the arrival of each camper.

1. Have you or anyone you live with been sick in the past 2 weeks?
(Ask Monday only.)
2. How are you feeling today? Any cough, headaches, chills, sore throat, muscle pain, diarrhea? Any trouble breathing?
3. Were you sick at all after you left camp yesterday, or with anyone that was sick?

Also.....

- Take the camper's temperature and if over 100, the camper will be sent home
- Campers must sanitize their hands before moving to groups.

CAMPER RULES

1. Always stay with your counselors, listen quietly when they are speaking, and follow their instructions.
2. Follow the rule of 3's(counselor and 2 campers, or camper and 2counselors) for bathroom visits, water fountain, etc.
3. Campers must play all games as best they can.
4. Clean up after yourself at lunchtime.
5. Straighten games/gather equipment at the end of each activity.
6. Never make fun of other camper! Always support your teammates and help them when necessary.
7. Always show respect to counselors, directors, and other campers.
8. Keep your personal bag with you at all times.
9. Wash hands after bathroom visits, before lunch, and after lunch. Campers must have their own personal hand sanitizer.
10. Campers should cough and sneeze into their elbow, and should keep their hands off their face as much as possible.
11. Social Distance when possible (use your noodle!). Stay out of other's personal space, and let no one in yours. No personal contact such as hand slaps, high fives, fist bumps, hugs, etc.
12. HAVE FUN!!!!!!!!!!